



Graceful Transitions

Many people go through life as if sleepwalking — seemingly awake, but not truly conscious of their own gifts, talents and purpose. Indeed, entire industries have been built on the question: “Am I really doing what I want with my life?”

This is a familiar question for Roslyn Whitney. As a Spiritual/Business Life Coach, Roslyn helps people go inside themselves to discover their own answers — what’s missing, lost or simply undeveloped. Like a metaphysical detective following clues, Roslyn passionately pursues a path to allow her clients to connect with their personal goals, ambitions, dreams and realities. In this way, she guides others towards truly serving themselves, as well as their families, friends and careers. With the approach of the millennium, more people are taking risks to feel a deeper sense of connection to themselves, their community and to the universal life chord. Through caring professionals like Roslyn, psychological and mystical tools are available to make sense out of life’s often-challenging questions.

Roslyn Whitney,
Spiritual/Business
Life Coach



Roslyn’s unique gift is the ability to literally transform people — both professionally and personally. This talent was developed out of her own path of self-discovery, shortly after she realized that her special skill was in communication. That’s why she pursued a career in psychology, receiving a Master’s Degree in Psycho-Social Sciences and

Community Psychology from Pennsylvania State University. Called “a natural” healer by her instructor, Roslyn began to more fully realize her own role in the universe and the tremendous power of female energy. Thus began her very passionate quest to help heal the planet. By healing the person, it impacts the family, which improves the community and so on. The result is the ultimate domino effect — global transformation, one soul at a time.

From custom designing workshops to private sessions in her Bay Area office, Roslyn works with an expansive range of individuals and businesses through one-on-one and group sessions. Balancing energy in the workplace is essential for the well-being of both enterprise and employees. The setting may be a work environment, but the key is still its “spirit” — the heart of the company. So in addition to speaking to a business groups, Roslyn frequently works with top entrepreneurs and CEOs. Graceful Transition’s services are used by many savvy corporations who believe in balancing profit and work ethics. The value is full-circle and comes back through both healthier people and profits.

To dream the impossible dream? Perhaps. But even dreams can be transformed into reality with the proper tools. That’s why so many different people and groups seek Roslyn’s guidance. By joining hands and taking the leap of faith together, Roslyn gives others the courage to connect to their dreams and work toward making them into a living reality. Not surprisingly, many of her clients feel distinctly different afterwards. Some laugh, others cry, but each feels transformed by the experience. That’s because Roslyn is a wellness professional who encourages both inward and outward growth, a synergistic approach which often results in a total life change. That’s where Roslyn’s practical and successful counseling tools are most effective. Graceful Transitions enables individuals to use their personal power to visualize and identify their goals in order to make positive life changes — healing the planet dream by dream.